

Regarding the Student Health Examination for Fall Semester 2026

University Health Center

The Student Health Examination for Fall Semester 2026 will be divided into a physical examination and a mental health survey as follows. **Please be sure to take the examination if you are eligible.**

1. Physical Examination

【Subject】

- **Students who enrolled after May 2026**
- **Students who were unable to take the health examination in April 2026 due to unavoidable reasons such as being on study abroad or leave of absence**

【Period】 **October 20 (Tue), October 21 (Wed) 9 : 00 – 10 : 30 / 13 : 00 – 14 : 30**

To take the exam, you are required to access the following web appointment page and make a reservation for your desired time no later than the day before.

https://www.hokekan.tsukuba.ac.jp/medical_exam/schedule/healthcheckoct/

- A reservation confirmation email is required to confirm or cancel a reservation.
Gmail addresses (@gmail.com) cannot be used for registration. Please use another email address (e.g. @u.tsukuba~). If you use a carrier email, the reservation confirmation email may be in your "junk mail folder".
- If you cannot make a reservation, please come directly to the University Health Center during the above time.

【Test Items】 Height, Weight, Blood pressure, Visual acuity, Urine test, Check by Doctor: All students
Chest X-Ray: Students who enrolled in 2026 and students who need chest X-ray results for health certificates
ECG: Undergraduate students who enrolled in 2026 and students of the School of Physical Education, Health and Sport Sciences
*After receiving the health examination questionnaire, please complete the examination on the same day and submit your questionnaire. Please note that we will not be able to issue a health certificate if you do not submit your questionnaire.

【Reception】 University Health Center
You are requested to measure body temperature at home before the check-up. If you are in bad physical condition, you cannot take the check-up.

【What to bring】

- **Student ID card:** Please make sure that you can show the back of it at the reception.
- **Mask:** You are required to wear your mask.
- **Urine container:** Please obtain an urine container beforehand at the Academic Service Offices or University Health Center. You need to bring your first urine on the checkup day. If you are on your period and want to take a urine test at a later date, let us know at the urine test venue.
- **【For those who take chest X-ray】**
 - **Plain T-shirt or underwear without any pictures on it** (please come dressed): We cannot lend you inspection clothes.
 - **Hair elastic or barrette:** Please tie your long hair up. We cannot lend you hair elastics.

2. Mental Health Survey

【Subject】 All students (except those who have already taken in the Spring Semester)

【Period】 **October 15 (Thu) – October 31 (Sat)**

【How to take the survey】 You are required to access the following web page and answer the questionnaire.

https://manaba.tsukuba.ac.jp/ct/course_2339117