

# Regarding the Student Health Examination for Fall Semester 2023

University Health Center

The Student Health Examination for Fall Semester 2023 will be divided into a physical examination and a mental health survey as follows. **Please be sure to take the examination if you are eligible.**

## 1. Physical Examination

【Subject】

- **Undergraduate students and Graduate students who entered in September and October 2023**

Eligible students will be notified by the Academic Service Offices at the time of admission.

- **Non-regular international students who came to Japan after May 2023**

Eligible students will be notified by the Division of Student Exchange.

- **Students who were abroad at the time of the Student Health Examination in April 2023**

**【Application required】 Eligible students should apply to the Academic Service Offices by September 27.**

【Period】 **October 24 (Tue), October 25 (Wed) 9 : 00 – 10 : 30 / 13 : 00 – 14 : 30**

**To take the exam, you are required to access the following web appointment page and select your desired time.**

[https://www.hokekan.tsukuba.ac.jp/medical\\_exam/schedule/healthcheckoct/](https://www.hokekan.tsukuba.ac.jp/medical_exam/schedule/healthcheckoct/)

- A reservation confirmation email is required to confirm or cancel a reservation.  
**If you register with Gmail, you will not receive a reservation confirmation e-mail. Please use another address (e.g. @u.tsukuba~).** If you use a carrier email, the reservation confirmation email may be in your "junk mail folder".
- If you cannot make a reservation, please come directly to the University Hall during the above time.

【Test Items】 Height, Weight, Blood pressure, Visual acuity, Urine test, Check by Doctor: All students  
Chest X-Ray: Students who enrolled in 2023 and students who need chest X-ray results for health certificates

ECG: Undergraduate students who enrolled in 2023 and students of the School of Physical Education, Health and Sport Sciences

【Reception】 University Hall 2F

You are requested to measure body temperature at home before the check-up. If you are in bad physical condition, you cannot take the check-up.

- 【What to bring】
- **Student ID card:** Please make sure that you can show the back of it at the reception.
  - **Mask:** You are required to wear your mask.
  - **Urine container:** Please obtain an urine container beforehand at the Academic Service Offices. You need to bring your first urine on the checkup day. If you are on your period and want to take a urine test at a later date, let us know at the urine test venue.
  - **【For those who take chest X-ray】**
    - **Plain T-shirt or underwear without any pictures on it** (please come dressed): We cannot lend you inspection clothes.
    - **Hair elastic or barrette:** Please tie your long hair up. We cannot lend you hair elastics.

## 2. Mental Health Survey

【Subject】 All students (except those who have already taken in the Spring Semester)

【Period】 **October 16 (Mon) – November 3 (Fri)**

【How to take the survey】 You are required to access the following web page and answer the questionnaire.

[https://manaba.tsukuba.ac.jp/ct/course\\_2339117](https://manaba.tsukuba.ac.jp/ct/course_2339117)